



OEA PROFESSIONAL LEARNING CATALOG

WINTER 2024

COURSE OFFERINGS BY SUBJECT

Learning opportunities are organized by topic below. PDUs are available for all opportunities and \$50 semester undergraduate and graduate credits are available for some courses (designated with an *) and all micro-credentials. All event times are in Pacific Time. Questions? Email OEALearn@oregoned.org



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SAFE, WELCOMING & INCLUSIVE SCHOOLS



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WELLNESS & RESILIENCY



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01

SAFE, WELCOMING & INCLUSIVE SCHOOLS

Safe, Welcoming & Inclusive Schools



NEW! Special Education Inclusion Best Practices - Course*

Level: Foundational/Intermediate

Dates and Times: Feb. 1-Feb. 29. Live sessions (5) on Thursdays from 6:00-7:00 p.m.

Cost: 0\$, free as a benefit of membership; non-members \$225. Optional one graduate or undergraduate semester credit for \$50.

[Register Here](#)

In this five-week course, learn about best practices for special education inclusion from two expert practicing OEA members. Topics include inclusion practices, barriers, and impacts, special education systems and supports, inclusive instructional designs, transformative family engagement, community services, and more. Earn PDUs OR academic credit.

Facilitators: Venus Reeve and Niels Pasternak

Restorative Practices Solution Circle - Virtual Learning Community

Level: Intermediate/Advanced

Dates and Times: Jan. 23-Feb. 6. Live sessions (3) on Tuesdays from 5:00-6:00 p.m.

Cost: Members \$0, free as a benefit of membership; non-members \$100.

[Register Here](#)

An opportunity for educators to join together in a virtual learning community and engage in mutual problem solving on work related challenges. Participants will take turns giving and receiving ideas/support from peers in a restorative setting. The sessions will be structured using a “fishbowl” model that provides clear protocols, agreements, and timing. This experience aims to deepen your experience with restorative practices. PDUs available.

Facilitator: Erin Taylor

Safe, Welcoming & Inclusive Schools



Becoming a Trauma Informed Educator Series

Students thrive in safe, welcoming and inclusive schools. Building a strong school community takes intentional work and requires educators and school staff to build their skills in understanding student behavior, using trauma informed practices, and knowing how to respond to students who are struggling. OEA remains committed to supporting members in developing these skills. OEA members can build their skills through these learning opportunities.

- Becoming a Trauma Aware Educator Course – Beginning
- Becoming a Trauma Sensitive Educator Course – Intermediate
- Becoming a Trauma Responsive Educator Course – Advanced
- Becoming a Trauma Informed Educator Course - Applied Learning

Each 7-week course includes live sessions, forum discussions, and weekly activities and readings. Members should take courses sequentially and not concurrently with other trauma informed courses. PDUs OR academic credit available for each course.

Oregon Education Association

Becoming a Trauma Informed Educator

A learning journey

Trauma Aware	Trauma Sensitive	Trauma Responsive	Trauma Informed	Trauma Leadership
Build awareness, examine mindset, and grow understanding	Deepen understanding and reflect on current practice	Integrate knowledge into practice	Conduct action research project to change practice or policy	Lead learning with other educators
Foundational	Intermediate	Advanced	Applied Learning	Leadership

grow.oregoned.org

Safe, Welcoming & Inclusive Schools

Becoming a Trauma Aware Educator - Course*

Level: Foundational

[Register Here](#)

Dates and Times: Jan. 29-March 15. Live sessions (7) on Wednesdays from 5-6 p.m. OR Tuesdays from 6-7 p.m. OEA will try to enroll participants in their first choice.

Cost: Members \$0, free as a benefit of membership; non-members \$225. Optional two (2) undergraduate OR graduate credits for \$100.

In this 7-week course, educators will start their journey to becoming a trauma informed educator and build a foundation of behavior intervention, classroom management, and mental health. Participants will learn to recognize trauma in their schools and community, realize the impact of trauma on students' ability to learn, and respond in ways that resist re-traumatization and improve mental health and a strong community. Becoming a Trauma Aware Educator is the **first** course in a four-part learning series and is ideal for educators just learning about trauma in schools. The course is relevant for all members, including higher education members and ESPs. To be successful in this course, participants should expect to spend three to four hours per week engaged in asynchronous forum discussions, readings, and activities, and a weekly synchronous live session. Live sessions are recorded. Facilitators: Judy Jesiah (Tuesdays); Mattie Lundy and Billy Ray (Wednesdays)

Becoming a Trauma Sensitive Educator - Course*

Level: Intermediate

[Register Here](#)

Dates and Times: Jan. 29-March 15. Live sessions (7) on Mondays from 7:00-8:00 p.m.

Cost: Members, \$0, free as a benefit of membership; non-members, \$225. Optional two (2) undergraduate OR graduate credits for \$100.

Becoming a Trauma Sensitive Educator helps participants deepen their understanding of trauma informed education and how it supports behavior intervention, classroom management, and mental health. In this 7-week course, educators will learn more about how to create strong classroom communities, improve student and adult mental health, and approach behavior management through prevention. This course is relevant for all members, including higher education members and ESPs. This course is ideal for members who have completed the Becoming a Trauma Aware Educator Course or other foundational professional learning on trauma informed education. Live sessions are recorded. Facilitator: Stephany Weedon

Safe, Welcoming & Inclusive Schools



Teaching Students with Autism Spectrum Disorder (ASD)- Self-paced Module

Level: Foundational/Intermediate

Cost: Members: \$0, free as a benefit of membership; Non-members: \$25. Most participants complete this module in 90-120 minutes.

[Register Here](#)

Examine Autism Spectrum Disorder and better understand the characteristics, tools, ideas, and supports for working with students that are on the Autism Spectrum.

- Understand the impacts of ASD.
- Understand Ableism and inclusive language.
- Maintain a strengths-based approach to meeting student needs.
- Understand Universal Design for Learning (UDL) strategies.
- Determine appropriate accommodations and modifications

How to Apply Anti-Racism to Relationships - Webinar

Level: Foundational/Intermediate

Date and Time: Tuesday, February 20 from 4:30-5:30 p.m.

Cost: \$0

[Register Here](#)

Relationships can be the key to success for our work with students, families, and colleagues. How does anti-racism come into play in relationship building? We can incorporate anti-racism in our relationships to create and maintain inclusive and welcoming schools. In this session, we will discuss culturally relevant teaching, how to address our own internalized bias, call-in vs. call-out practices, affinity space, and family engagement.

Facilitator: Sakura Hamada

Safe, Welcoming & Inclusive Schools



Social Emotional Learning – Self-paced Modules

Self-awareness is one of five competencies designated by The Collaborative for Academic Social, and Emotional Learning as crucial to effective social and emotional learning for children and adults. In this foundational SEL tutorial, learners gain a better understanding of their emotions, thoughts, behaviors, values, strengths, and challenges. The module introduces concepts and strategies for self-perception, self-efficacy, and self-confidence.

Relationship skills covers topics and activities that are key to building, maintaining, and restoring relationships: expressing care, building trust, listening, challenging growth, sharing power, and expanding possibilities. Learners will have the opportunity to reflect on their own relationships as well as their students' relationships.

Level: Foundational/Intermediate

Cost: Members: \$0, free as a benefit of membership; Non-members: \$25. Most participants complete these module in 90-120 minutes. Participants earn 2 PDUs for either module.

[Register Here](#)

02

WELLNESS & RESILIENCY



Wellness & Resiliency



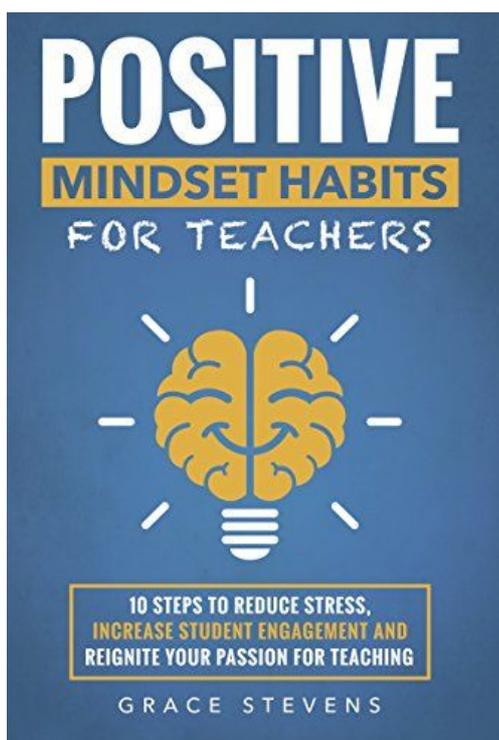
Positive Mindset Habits for Teachers - Book Study

Level: Foundational/Intermediate

Date and Times: Feb. 8- Feb. 29.. Live sessions (4) on Thursdays at 4:30 p.m.

Cost: Members: \$0, free as a benefit of membership; Non-members: \$200.

[Register Here](#)



Join with educators across the state to discuss Positive Mindset Habits for Teachers: 10 Steps to Reduce Stress, Increase Student Engagement, and Reignite your Passion for Teaching by Grace Stevens. “Do you dream about increased student engagement and more effective classroom management? How about reducing teacher stress and overwhelm? Or leaving campus at a reasonable hour without dragging a cart full of lesson planning and papers to grade in tow? If the answer to these questions is “Yes!” then this book is for YOU! Based on current research in positive psychology and more than 15 years “real world” experience in the classroom, this book provides a practical roadmap to reduce stress, improve student behavior and be happier in your classroom..” - goodreads

OEA will provide copies of the book to participants. Participants receiving a book from OEA must commit to participating in at least 50% of the discussions and/or assignments.

Facilitator: Sara Roadman

Wellness & Resiliency



Creating Sustainable Educator Practices through Time-Saving Strategies- Workshop

Level: Foundational/Intermediate

Dates and Times - Thursday, February 8 AND Thursday, February 29 from 5:00-6:00 p.m.

Cost: \$0. Facilitator: Cristina Raos

[Register Here](#)

Elevate your educator practices while respecting your time and boundaries!

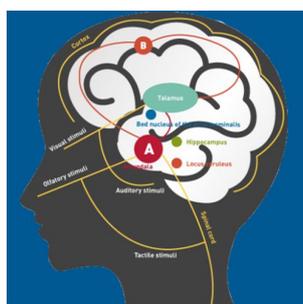
Tailored for those with limited time, resources, and energy, this two-session workshop equips educators with practical strategies for integrating time-saving practices into their busy professional lives. Learn to maximize impact through time-efficient lesson planning, resource optimization, task batching, and energy-conscious methods. In the first session, we discuss how to reframe our work to make a meaningful impact on our schedule and energy levels. In the second session three weeks later, we will fine-tune or troubleshoot implementation.

NEW! Using Body Wisdom to Calm the Stressed Brain - Self-paced module

Level: Foundational/Intermediate

Cost: Members: \$0, free as a benefit of membership; Non-members: \$25.

[Register Here](#)



This self-paced module utilizes straightforward language and hands-on activities to guide you in developing new tools for self-regulating during times of stress. Many activities can easily be adapted for use with students. Beginning with a simple art making exercise, learners illustrate their typical stress reaction. This is followed by an overview of how our brains identify stressful events and signal our bodies to respond on our behalf. Most participants complete the module in 90-120 minutes. Earn 2 PDUs for completing the module.



03

TEACHING & LEARNING

Teaching & Learning



Knowledge is Empowering: Understanding Tribal History/Shared History through Curriculum Implementation*

Level: Foundational/Intermediate/Advanced
Dates and Times: Feb. 5-March 18. Live sessions (7) on Mondays from 5:00-6:15 p.m.
Cost: Members: \$0, free as a benefit of membership; Non-members: \$225. Optional one (2) semester undergraduate OR graduate credits for \$100. Facilitator: Nicole Butler-Hooton

[Register Here](#)

Culturally responsive teaching practice involves prioritizing social justice, addressing identity and bias, and humanizing students' experiences. This course focuses on anti-oppressive practices, disrupting dominator culture, and embracing diversity. Participants will delve into Oregon's Tribal History/Shared History Curriculum mandated in K-12 classrooms (Senate Bill 13). Key questions we will explore include fostering partnerships with the Native community, involving Native families to support healing-centered practices, and ensuring the teaching of accurate history.

ESP Facilitating Online Learning for Adults - Course*

Level: Foundational/Intermediate
Dates and Times: January 29-March 15.. Live sessions (7) on Tuesdays OR Thursdays from 5:00-6:00 p.m. Live sessions are recorded.
Cost: Members \$0, free as a benefit of membership; non-members \$225. OEA members who successfully complete the required work in this course will be eligible to receive a \$275 stipend.

[Apply Here for Tuesday "A" Class](#)

[Apply Here for Thursday "B" Class](#)

This is a course for classified staff employees interested in learning about facilitating adult learning. In this seven-week course, participants will learn about community building, facilitator presence, adult learning theory, best practices for facilitating both in-person and online discussions. Weekly live sessions are held and recorded, in case you miss one. To be successful in this course, plan on participating at least two hours a week. This course is open to ALL types of classified/ESP employees because everyone has expertise and skills they can share with others. Facilitator: Laura Warren

Teaching & Learning

Grading for Equity for High School and College - Book Study*

Level: Foundational/Intermediate

Dates and Times: Jan. 31-March 6. Live sessions (6) on Wednesdays from 5:00-6:00 p.m.

Cost: Members: \$0, free as a benefit of membership; Non-members: \$200. Optional one (1) semester undergraduate OR graduate credit for \$50.

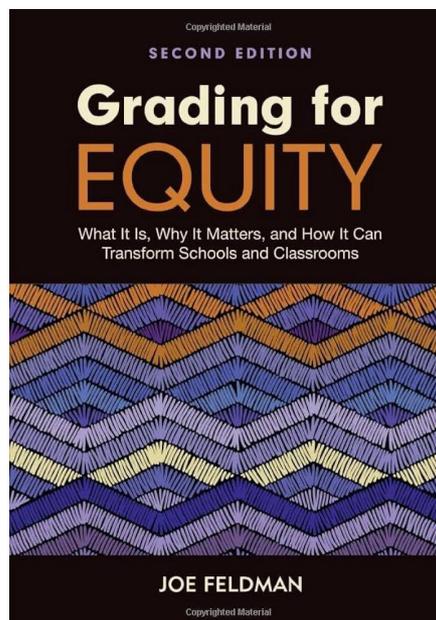
In this "choose your own book study adventure", meet virtually for informal discussion and/or reflect more deeply and develop plans for implementing new ideas and strategies for additional PDUs. OEA will provide copies of the book to participants. Participants receiving a book from OEA must commit to participating in at least 50% of the discussions and/or assignments.

[Register here](#)

With the goals of analyzing current grading practices and taking action to make them more equitable, educators of teens and adults will discuss Grading for Equity: What it is, Why it matters, and How it can transform schools and classrooms. Numerous creative and well-intentioned responses to educational inequities have arisen recently. Yet inequitable grading practices have undermined even the most impactful work for student-centered equity. Implementing equitable grading practices holds tremendous potential to transform both academic and social-emotional learning and teaching.

This is a book study for those who work in a high school or college setting. We will offer another section in the spring for K-8 educators.

Facilitators: Jessica Classen and Lori Wamsley



Teaching & Learning



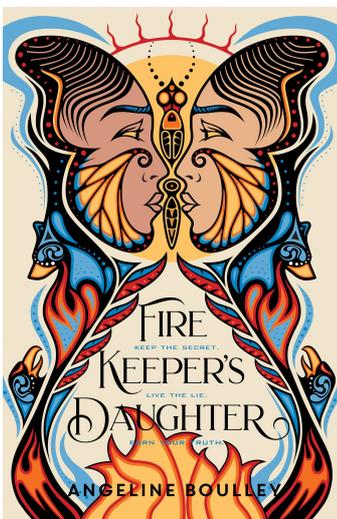
Firekeeper's Daughter – Book Study*

Level: Foundational/Intermediate/Advanced

Date and Time: Jan. 23-Feb. 27. Live sessions (6) on Tuesdays from 6:00-7:30 p.m.

Cost: Members \$0, free as a benefit of membership; non-members \$200. Optional one (1) semester undergraduate OR graduate credit for \$50.

In this "choose your own book study adventure", meet virtually for informal discussion and/or reflect more deeply and develop plans for implementing new ideas and strategies for additional PDUs. OEA will provide copies of the book to participants. Participants receiving a book from OEA must commit to participating in at least 50% of the discussions and/or assignments.



This six-week course is based on reading *Firekeeper's Daughter* by Angeline Boulley.

"As a biracial, unenrolled tribal member and the product of a scandal, Daunis Fontaine has never quite fit in—both in her hometown and on the nearby Ojibwe reservation. When her family is struck by tragedy, Daunis puts her dreams on hold to care for her fragile mother. The only bright spot is meeting Jamie, the charming new recruit on her brother's hockey team.

After Daunis witnesses a shocking murder that thrusts her into a criminal investigation, she agrees to go undercover. But the deceptions—and deaths—keep piling up and soon the threat strikes too close to home. How far will she go to protect her community if it means tearing apart the only world she's ever known?"

Facilitators: Thuynga Barr and Zoé Diacou

[Register Here](#)

Teaching & Learning

Oregon History Primary Sources for Elementary Students (K-5) - Webinar

Level: Foundational/Intermediate/Advanced

Date and Time: Tuesday, January 30 from 4:00-5:00 p.m.

Cost: \$0.

[Register Here](#)

Use primary sources to teach an inclusive Oregon history and enhance students' observational and critical-inquiry skills. The Oregon Historical Society (OHS) offers a variety of classroom-ready primary sources featuring historical images, objects, and documents for elementary classrooms that highlight the experiences of the diverse groups that have called Oregon home since time immemorial to today. Join Emilie Krutzik, OHS's Ethnic Studies Educator, to learn about these resources and classroom strategies to help you integrate primary sources into your classroom. You will leave this webinar with something to use in your classroom the next day!

Resources for Teaching the Ethnic Studies Standards in Secondary School (6-12) - Webinar

Level: Foundational/Intermediate/Advanced

Date and Time: Thursday, January 18 from 4:00-5:00 p.m.

Cost: \$0

[Register Here](#)

For too long, Oregon history has been reduced to the single narrative of Euro-American pioneers and has omitted the experiences of the diverse groups that have called Oregon home. Join Emilie Krutzik, the Oregon Historical Society's (OHS) Ethnic Studies Educator, to learn about OHS's expanding curriculum focused on teaching a more inclusive history of Oregon to support the 2021 Social Science Standards Integrated with Ethnic Studies. Discover two new OHS curriculums: *Racing to Change: Oregon's Civil Rights Years*, which explores the civil rights movement within an Oregon context and *It Did Happen Here*, which connects policies from Oregon's early decades to the rise of hate groups in the last decades of the twentieth century, and studies the actions of the diverse activists who confronted these groups.

Teaching & Learning



Earning Graduate Credit with NEA Micro-credentials - Webinar

Level: Foundational/Intermediate/Advanced

Date and Time: Tuesday, March 12 from 4:30-5:15 p.m.

Cost: \$0

[Register Here](#)

About micro-credentials: A micro-credential is a short, competency-based recognition that allows an educator to demonstrate mastery in a particular area such as Trauma Informed Pedagogy, Restorative Practices, or English Language Learners. More than 175 NEA micro-credentials have been created by educators, for educators, and are designed to be personalized, flexible, and performance-based. By completing a micro-credential, OEA members can receive 15 PDUs from OEA (free) or obtain 1 semester graduate credit for \$50.

In this session, explore the NEA micro-credentials, how to earn graduate credit with a micro-credential, and tips for having a successful micro-credential experience. After a brief information session, you will have time to look at micro-credentials and/or set up your micro-credential account.

Facilitator: Kim Read, OEA Staff

04 Licensure



We're here to help
with your licensure!

Licensure Workshops

Licensure workshops are available to schedule for your council or local by request. Please reach out to Leah Starkovich to get a date on the calendar:
leah.starkovich@oregoned.org

Licensure Consultations

Need help navigating a licensure question or concern? Rather than an email or phone call, would you prefer to walk through your question or concern on a 1-1 consultation ZOOM meeting with OEA's Staff Liaison to TSPC, Leah Starkovich? If so, register for a consultation. Multiple dates are available each month. [Register here!](#)

After registering for your 1-1 consultation, you will be mailed a Licensure Kit to assist you and sent a ZOOM calendar invite to accept for your meeting. You must register for these consultations a week ahead of time, as registration closes 7 days before each scheduled meeting date. If you need licensure advice right away and cannot wait to schedule a 1-1 consultation, feel free to email the details of your question or concern at leah.starkovich@oregoned.org or leave a message with your cell phone number at 503-495-2109.

05 Micro-credentials



Custom,
competency-based
learning on your own
schedule

All about micro-credentials

A micro-credential is a short, competency-based recognition that allows an educator to demonstrate mastery in a particular area such as Addressing Challenging Behaviors, Restorative Practices, Trauma Informed Pedagogy, Bully Free Schools, English Language Learners, and many others. There are over 175 NEA micro-credentials to choose from. Choose any micro-credential and submit your work. When you are awarded your micro-credential, send confirmation of your micro-credential to OEALearn@oregoned.org and receive 15 PDUs from OEA OR obtain 1 semester graduate credit for \$50 with our academic partner Augustana University's online registration form (<http://www.augielink.com/OR>).

Tips for micro-credential success:

- Choose your micro-credential wisely. Consider the evidence required, what you already know, and the submission requirements.
- Study the guidelines and scoring rubrics carefully. There is a lot of information and a close read will improve the quality of your work.
- Answer all the prompts completely, and ensure you provide all the required evidence.
- Text help for micro-credential questions: Text micro to 48744. An NEA educator will respond to your questions within 48 hours.

To get started, visit <https://oregoned.org/professional-learning/independent-study>.

OEA Grow Podcast

OEA Grow (<https://oregoned.org/podcast>) is a member-led podcast designed to share tools, ideas, and strategies to improve educators' professional and personal lives. OEA Grow has rotating member hosts who interview other OEA member educators. In this way, OEA Grow truly amplifies member educator voice.

Episodes are posted every Wednesday, with most lasting about 25-30 minutes to create an accessible, easy-to-digest format that is listenable on your drive to work, while cooking dinner, etc. Past seasons are available anytime and include topics like special education, wellness, student-centered curriculum, and conflict resolution. Listen to OEA Grow on our website, Podbean, Spotify, Apple Podcasts, Google Podcasts, and all other usual spots.



oea
GROW
an educator-led podcast

OEA'S PODCAST

The OEA Grow podcast is designed to share tools, ideas, and strategies to improve your professional and personal life. This weekly podcast interviews OEA members and community partners from across Oregon.

Featured Facilitators

OEA professional learning is member led! Fantastic educators from around the state are dedicated to your learning and growth. Read about all of the OEA member facilitators at <https://oregoned.org/facilitators>. Here are some of this quarter's featured facilitators:



Cristina Raos

Clackamas ESD EA

Cristina Raos is an educator specialized in teaching Bilingual students. She got her Masters in Education from PSU and has ELL and Bilingual Education endorsements from PSU and OSU. She now teaches Spanish 1 and Language Arts for TWI (Two-Way Immersion) students in Tigard High School. However, she taught 7 years in Elementary for the TWI program in 1st and 4th grade. Cristina is from Spain and has been living in Oregon since 2010.



Nicole Butler-Hooton

Eugene EA

Nicole Butler-Hooton is a Mentor TOSA/Instructional Coach in the Bethel School District. Previously, she has taught second and fourth grade in Oregon for 15 years. She was named the 2021 Oregon Teacher of the Year, becoming the first Indigenous teacher in Oregon to earn this recognition. Butler-Hooton is a member of the Confederated Tribes of Siletz Indians- Chetco Band (Oregon) and the San Carlos Apache Tribe (Arizona). A first-generation college graduate, she values making connections with students, families, and the school community, while centering equity and cultural competency in her teaching. She is currently enrolled in an Ed.D program through Walden University specializing in Curriculum, Assessment, and Instruction.

Featured Facilitators

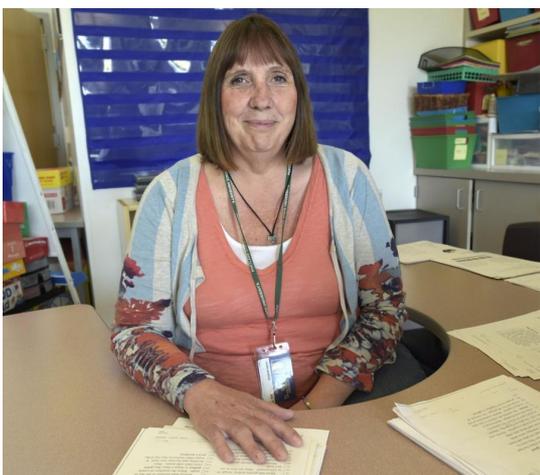
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Sara Roadman

Eugene EA

Sara is a first grade teacher in Eugene. She has 12 years of experience as a classroom teacher. Sara has been practicing mindfulness in her own life and with her students since 2019. She lives in Eugene with her husband and two teenagers. In her free time, Sara loves nature, long walks listening to music, traveling, and reading.



Laura Warren

Lebanon ESPA

Laura has been with the Lebanon Community Schools for 28 years serving as a Title I Assistant Leader specializing in Dyslexia Instruction. Currently, she is an ESP on Special Assignment creating and providing PD for classified staff, as well as an ESP Mentoring Coordinator. She serves as the LESPA President, the Santiam UniServ Vice Chair, OCESP Vice Chair, and a member of the coordinating body for the Western Regional Educators Network. Laura also supports the National Education Association where she serves as a micro-credential reviewer and ESP Mentoring facilitator/trainer. She is a proud grandmother and loves to spend time with her family.