



PROFESSIONAL LEARNING CATALOG

FALL 2023

COURSE OFFERINGS BY SUBJECT

Learning opportunities are organized by topic below. PDUs are available for all opportunities and \$50 semester undergraduate and graduate credits are available for some courses (designated with an *) and all micro-credentials. All event times are in Pacific Time. Questions? Email OEALearn@oregoned.org



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SAFE, WELCOMING & INCLUSIVE SCHOOLS



02

WELLNESS & RESILIENCY



03

TEACHING & LEARNING



04

LICENSURE



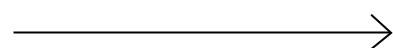
05

MICROCREDENTIALS



01

SAFE, WELCOMING & INCLUSIVE SCHOOLS



Safe, Welcoming & Inclusive Schools



Conducting Compliant IEP Meetings Under SB819: A Step-by-Step Guide - Webinar

Level: Foundational/Intermediate/Advanced

Date and Time: Tuesday, August 29 from 4:30-6:00 p.m.

Cost: 0\$

[Register Here](#)

Senate Bill 819 signed into law in July 2023 significantly modifies the requirements for Abbreviated Day School Day Programs for students with disabilities. In this joint ODE/OEA webinar, you will get an overview of SB 819 and gain practical strategies for holding compliant IEP meetings under the requirements of the bill. You will leave with sample tools, resources, and confidence in your ability to navigate this new legislative landscape.

Small Things Count: Building Relationships with Students One Step at a Time - Webinar

Level: Foundational/Intermediate

Date and Time: Wednesday, November 8 from 4:30-5:30 p.m.

Cost: \$0

[Register Here](#)

Every little interaction counts to build relationships with students. It's also important to see each student as a unique individual with their own interests and backgrounds. This is a session filled with strategies like ice breakers, morning check-in questions, and attention get-ers to build relationships with students one step at a time. This session is most appropriate for those working in K-12.

Safe, Welcoming & Inclusive Schools








Becoming a Trauma Informed Educator Series

Students thrive in safe, welcoming and inclusive schools. Building a strong school community takes intentional work and requires educators and school staff to build their skills in understanding student behavior, using trauma informed practices, and knowing how to respond to students who are struggling. OEA remains committed to supporting members in developing these skills. OEA members can build their skills through these learning opportunities.

- Becoming a Trauma Aware Educator Course – Beginning
- Becoming a Trauma Sensitive Educator Course – Intermediate
- Becoming a Trauma Responsive Educator Course – Advanced
- Becoming a Trauma Informed Educator Course - Applied Learning

Each 7-week course includes live sessions, forum discussions, and weekly activities and readings. Members should take courses sequentially and not concurrently with other trauma informed courses. PDUs OR academic credit available for each course.

Oregon Education Association
Becoming a Trauma Informed Educator
A learning journey

				
Trauma Aware	Trauma Sensitive	Trauma Responsive	Trauma Informed	Trauma Leadership
Build awareness, examine mindset, and grow understanding	Deepen understanding and reflect on current practice	Integrate knowledge into practice	Conduct action research project to change practice or policy	Lead learning with other educators
Foundational	Intermediate	Advanced	Applied Learning	Leadership

grow.oregoned.org

Safe, Welcoming & Inclusive Schools

Becoming a Trauma Aware Educator - Course*

Level: Foundational

Dates and Times: Oct. 3-Nov. 17 with weekly live sessions (7) on Tuesdays at 4:30 p.m.

Cost: Members \$0, free as a benefit of membership; non-members \$225. Optional two (2) undergraduate OR graduate credits for \$100.

[Register Here](#)

Traumatic experiences in students' lives can disrupt their education and their ability to be successful in school. In this 7-week course, educators will start their journey to becoming a trauma informed educator and build a foundation of behavior intervention, classroom management, and mental health. Participants will learn to recognize trauma in their schools and community, realize the impact of trauma on students' ability to learn, and respond in ways that resist re-traumatization and improve mental health and a strong community. Becoming a Trauma Aware Educator is the first course in a four-part learning series and is ideal for educators just learning about trauma in schools. The course is relevant for all members, including higher education members and ESPs. To be successful in this course, participants should expect to spend three to four hours per week engaged in asynchronous forum discussions, readings, and activities, and a weekly synchronous live session. Live sessions are recorded.

Becoming a Trauma Sensitive Educator - Course*

Level: Intermediate

Dates and Times: Oct. 3-Nov. 17. Weekly live sessions (7) on Tuesdays from 6:00-7:00 p.m.

Cost: Members, \$0, free as a benefit of membership; non-members, \$225. Optional two (2) undergraduate OR graduate credits for \$100.

[Register Here](#)

Becoming a Trauma Sensitive Educator helps participants deepen their understanding of trauma informed education and how it supports behavior intervention, classroom management, and mental health. In this 7-week course, educators will learn more about how to create strong classroom communities, improve student and adult mental health, and approach behavior management through prevention. This course is relevant for all members, including higher education members and ESPs. This course is ideal for members who have completed the Becoming a Trauma Aware Educator Course or other foundational professional learning on trauma informed education. Live sessions are recorded for those that cannot participate synchronously.

Safe, Welcoming & Inclusive Schools

Becoming a Trauma Responsive Educator – Course*

Level: Advanced

Dates and Times: Oct. 3-Nov. 17. Weekly live sessions (7) on Tuesdays from 7:00-8:00 p.m.

Cost: Members \$0, free as a benefit of membership; non-members \$225. Optional two (2) undergraduate OR graduate credits for \$100.

[Register Here](#)

Begin applying what you are learning about the core concepts of trauma informed education in your daily practice in the third part of OEA's four-part learning series. In this third course, educators will learn more advanced concepts of how the brain responds to trauma; behavior prevention and mental health support from a trauma-informed lens; and how to build plans to head off crises in the classroom. The course will focus on deepening participants' knowledge of the core concepts of trauma and creating proactive plans to use regularly. This course is relevant for all members, including higher education members and ESPs and is ideal for members who have completed the Becoming a Trauma Aware Educator and/or the Becoming a Trauma Sensitive Educator courses offered through OEA. Because this is an advanced course, prior knowledge on the topic is required and registrations are subject to approval. To be successful in this course, participants should expect to spend three to four hours per week engaged in asynchronous forum discussions, readings, and assignments, and a weekly synchronous live session. Live sessions are recorded for those that cannot participate synchronously.

Becoming a Trauma Informed Educator – Course*

Level: Intermediate

Dates and Times: Oct. 4-Nov. 17. Weekly live sessions (7) on Wednesdays from 5:00-6:00 p.m.

Cost: Members, \$0, free as a benefit of membership; non-members, \$225. Optional two (2) undergraduate OR graduate credits for \$100.

[Register Here](#)

Take what you've learned so far and begin to impact policies and practices in your context. In this final course, participants will combine their knowledge of trauma informed principles and education with OEA's empowerment process to identify a problem of practice and work towards improving that problem. The course activities focus on an action research project identified by the participant with the goal of improving trauma informed practices for students. This course is limited to members who have completed at least two courses in the OEA Becoming a Trauma Informed Educator series and registrations are subject to approval. To be successful in this course, participants should expect to spend about four hours per week engaged in asynchronous forum discussions, readings, and assignments, and a weekly synchronous live session. Live sessions are recorded for those that cannot participate synchronously.

Safe, Welcoming & Inclusive Schools



Teaching Students with Autism Spectrum Disorder (ASD)- Self-paced Module

Level: Foundational/Intermediate

Cost: Members: \$0, free as a benefit of membership; Non-members: \$25. Most participants complete this module in 90-120 minutes.

[Register Here](#)

In this module you will examine Autism Spectrum Disorder and better understand the characteristics, tools, ideas, and supports for working with students that are on the Autism Spectrum.

- Understand the impacts of ASD.
- Understand Ableism and inclusive language.
- Maintain a strengths-based approach to meeting student needs.
- Understand Universal Design for Learning (UDL) strategies.
- Determine appropriate accommodations and modifications

Improving Student Engagement through Language Supports and Cooperative Learning Techniques - Webinar

Level: Foundational/Intermediate

Date and Time: Wednesday, October 11 from 4:00-5:00 p.m.

Cost: \$0

[Register Here](#)

In this session, participants will learn various project based learning activities that incorporate student talk, writing, and reading of informational text in the classroom. With the goal of increasing engagement, these activities are supported by discussion cards, dialogue strategies, and other tools that provide academic language support to students when speaking with partners or to groups. This session is most geared towards educators working in secondary school to community college.

Safe, Welcoming & Inclusive Schools



Equity-Centered Trauma-Informed Education – Book Study*

Level: Foundational/Intermediate/Advanced

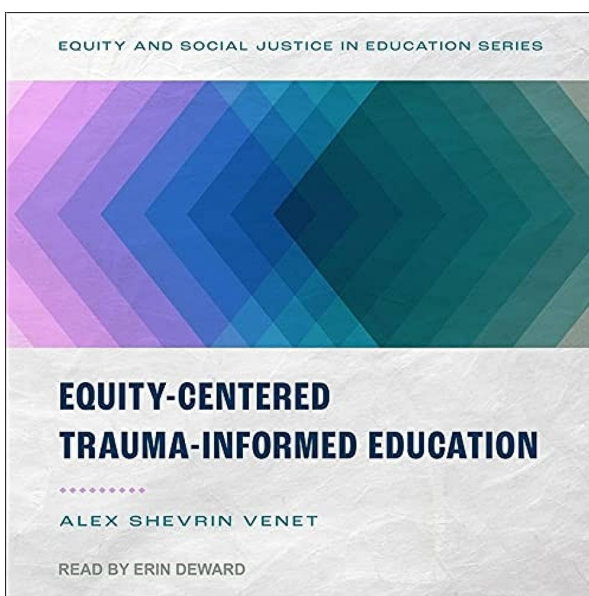
Date and Times: Oct. 5-Nov. 10. Live sessions (6) on Thursdays at 7 p.m.

Cost: Members: \$0, free as a benefit of membership; Non-members: \$200. Optional one (1) semester undergraduate OR graduate credit for \$50.

[Register Here](#)

In this book study, participants will discuss Equity-Centered Trauma-Informed Education by Alex Shevrin Venet. “In this fresh look at trauma-informed practice, Alex Shevrin Venet urges educators to shift equity to the center as they consider policies and professional development. Using a framework of six principles for equity-centered trauma-informed education, Venet offers practical action steps that teachers and school leaders can take from any starting point, using the resources and influence at their disposal to make shifts in practice, pedagogy, and policy.”

In this "choose your own book study adventure", meet virtually for informal discussion and/or reflect more deeply and develop plans for implementing new ideas and strategies for additional PDUs. OEA will provide copies of the book to participants. Participants receiving a book from OEA must commit to participating in at least 50% of the discussions and/or assignments.



Safe, Welcoming & Inclusive Schools



SB 819 Implementation – Town Hall

Join OEA for a town hall discussion to discuss the implementation of SB 819, the abbreviated school day program. Bring your stories of what is working, what needs improvement, what support you need, and what ideas and innovations you have. This event is open to all members though OEA is targeting K-12 members directly involved with the implementation of SB 819. OEA staff and members will help facilitate a conversation and share additional information from the state.

Level: Foundational/Intermediate/Advanced

Date and Time: Tuesday, October 24 from 4:30-5:30 p.m.

Cost: \$0

[Register Here](#)

Social Emotional Learning – Self-paced Modules

Self-awareness is one of five competencies designated by The Collaborative for Academic Social, and Emotional Learning as crucial to effective social and emotional learning for children and adults. In this foundational SEL tutorial, learners gain a better understanding of their emotions, thoughts, behaviors, values, strengths, and challenges. The module introduces concepts and strategies for self-perception, self-efficacy, and self-confidence.

Relationship skills covers topics and activities that are key to building, maintaining, and restoring relationships: expressing care, building trust, listening, challenging growth, sharing power, and expanding possibilities. Learners will have the opportunity to reflect on their own relationships as well as their students' relationships.

Level: Foundational/Intermediate

Cost: Members: \$0, free as a benefit of membership; Non-members: \$25. Most participants complete these module in 90-120 minutes. Participants earn 2 PDUs for either module.

[Register Here](#)

02

WELLNESS & RESILIENCY



Wellness & Resiliency



Navigating Difficult Conversations - Webinar

Level: Foundational/Intermediate

Date and Time: Tuesday, September 26 from 4:30-5:30 p.m.

Cost: 0\$

[Register Here](#)

While many of us would like to avoid it at all costs, conflict is an inevitable part of life. Whether at work or at home, there are times we don't see eye to eye with important people in our lives. Addressing conflict in a healthy way can broaden perspectives and promote growth. This webinar will examine ways to successfully navigate difficult conversations by exploring a) how unexpressed needs escalate conflict, b) ways of expressing needs to promote joining, and c) developing a healthy mindset for entering into discussions.

Join OEA member Christina Salter (Lane Community College) for this one-hour session. If you require live captioning to participate, submit a request by September 19 and we will provide a live captioner. Requests can be sent to OEALearn@oregoned.org. If no request is received, we will provide Zoom automatic captions.

Wellness & Resiliency



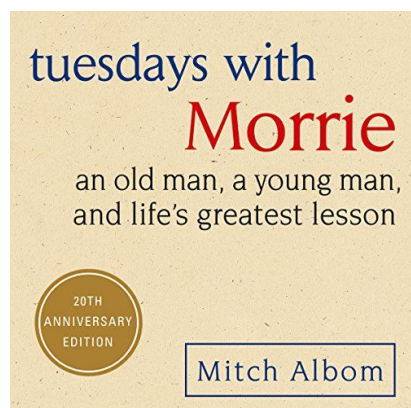
Tuesdays with Morrie - Book Study*

Level: Foundational/Intermediate/Advanced

Date and Time: October 17-November 7. Live sessions (4) on Tuesdays from 6:00-7:30 p.m.

Cost: Members \$0, free as a benefit of membership; non-members \$200. Optional one (1) semester undergraduate OR graduate credit for \$50.

In this "choose your own book study adventure", meet virtually for informal discussion and/or reflect more deeply and develop plans for implementing new ideas and strategies for additional PDUs. OEA will provide copies of the book to participants. Participants receiving a book from OEA must commit to participating in at least 50% of the discussions and/or assignments.



[Register Here](#)

This four-week course is based on reading [Tuesdays with Morrie: An old man, a young man, and life's greatest lesson.](#)

"Maybe it was a grandparent, or a teacher, or a colleague. Someone older, patient and wise, who understood you when you were young and searching, helped you see the world as a more profound place, gave you sound advice to help you make your way through it.

For Mitch Albom, that person was his college professor Morrie Schwartz.

Maybe, like Mitch, you lost track of this mentor as you made your way, and the insights faded, and the world seemed colder. Wouldn't you like to see that person again, ask the bigger questions that still haunt you, receive wisdom for your busy life today the way you once did when you were younger?"

Wellness & Resiliency



Getting Started on Your Financial Journey - Webinar

Level: Foundational/Intermediate

TWO session choices:

All members - Thursday, October 26 from 4:30-5:30 p.m. OR

ESP members only - Thursday, December 7 from 5:00-6:00 p.m.

Cost: Members \$0, free as a benefit of membership. This is a members only event.

[Register Here for October 26](#)

[Register Here for December 7](#)

In this workshop from NEA Member Benefits, gain confidence in your retirement plan by exploring retirement savings, state pension options, and financial concepts for each life stage: Early, Mid and Late Career. New members will learn some of the basic building blocks of their pension plan. Knowing your union is here to help and has resources for you to rely on is a valuable benefit of membership.

NEA/OEA Public Service Loan Forgiveness - Workshop

Level: Foundational/Intermediate/Advanced

TWO session choices:

Date and Time: - Thursday, November 16 from 4:30-6:00 p.m. OR

Wednesday, November 29 from 4:30-6:00 p.m.

Cost: Members \$0, free as a benefit of membership. This is a members only event.

[Register Here](#)

For years, NEA members have advocated together in favor of canceling college debt to help fix the educator shortage. Now, student loans taken out by millions of borrowers are being substantially reduced, forgiven, or even canceled outright due to recent changes in loan forgiveness programs.

Join us to learn more about how recent changes may impact your student debt, and resources available through your NEA Member Benefits to help you navigate the system.



03

TEACHING & LEARNING

Teaching & Learning



Educator Efficiency Powered by Google - Webinar

Level: Foundational/Intermediate

Date and Time: Thursday, October 19 from 4:30-5:30 p.m.

Cost: 0\$

[Register Here](#)

During this session participants will learn how to save time and improve efficiency. We will cover tips for the following Google apps: The Chrome Browser, Google Drive, Google Docs, Google Forms and Sheets. Bring your questions and look forward to receiving resources to improve efficiency and lessen your workload with thoughtful technology integration. This session is appropriate for anyone who works in schools and uses Google apps preK-community college as well as union organizers.

Facilitating Online Learning for Adults - Course*

Level: Foundational/Intermediate

Dates and Times: October 5-November 16. Live sessions (7) on Thursdays from 6:00-7:00 p.m. Live sessions are recorded.

Cost: Members \$0, free as a benefit of membership; non-members \$225. Two semester graduate OR undergraduate credits are available, optional, and cost \$100.

[Register Here](#)

Ready to start leading online learning for other educators? Not sure you're ready but have interest? In this seven-week course, participants will learn about online community building, facilitator presence, adult learning theory, and strategies and best practices for facilitating both asynchronous learning and synchronous (live) discussions. To be successful in this course, plan on participating at least two hours a week. This course is open to ALL types of educators because anyone can share their expertise and skills with other educators.

04 Licensure



We're here to help
with your licensure!

Licensure Workshops

Licensure workshops are available to schedule for your council or local by request. Please reach out to Leah Starkovich to get a date on the calendar:
leah.starkovich@oregoned.org

Licensure Consultations

Need help navigating a licensure question or concern? Rather than an email or phone call, would you prefer to walk through your question or concern on a 1-1 consultation ZOOM meeting with OEA's Staff Liaison to TSPC, Leah Starkovich? If so, register for a consultation. Multiple dates are available each month. [Register here!](#)

After registering for your 1-1 consultation, you will be mailed a Licensure Kit to assist you and sent a ZOOM calendar invite to accept for your meeting. You must register for these consultations a week ahead of time, as registration closes 7 days before each scheduled meeting date. If you need licensure advice right away and cannot wait to schedule a 1-1 consultation, feel free to email the details of your question or concern at leah.starkovich@oregoned.org or leave a message with your cell phone number at 503-495-2109.

05 Micro-credentials



Custom,
competency-based
learning on your own
schedule

All about micro-credentials

A micro-credential is a short, competency-based recognition that allows an educator to demonstrate mastery in a particular area such as Addressing Challenging Behaviors, Restorative Practices, Trauma Informed Pedagogy, Bully Free Schools, English Language Learners, and many others. There are over 175 NEA micro-credentials to choose from. Choose any micro-credential and submit your work. When you are awarded your micro-credential, send confirmation of your micro-credential to OEALearn@oregoned.org and receive 15 PDUs from OEA OR obtain 1 semester graduate credit for \$50 with our academic partner Augustana University's online registration form (<http://www.augielink.com/OR>).

Tips for micro-credential success:

- Choose your micro-credential wisely. Consider the evidence required, what you already know, and the submission requirements.
- Study the guidelines and scoring rubrics carefully. There is a lot of information and a close read will improve the quality of your work.
- Answer all the prompts completely, and ensure you provide all the required evidence.
- Text help for micro-credential questions: Text micro to 48744. An NEA educator will respond to your questions within 48 hours.

To get started, visit <https://oregoned.org/professional-learning/independent-study>.

OEA Grow Podcast

OEA Grow (<https://oeagrow.podbean.com/>) is a member-led podcast designed to share tools, ideas, and strategies to improve educators' professional and personal lives. OEA Grow has rotating member hosts who interview other OEA member educators. In this way, OEA Grow truly amplifies member educator voice.

Episodes are posted every Wednesday, with most lasting about 20-25 minutes to create an accessible, easy-to-digest format that is listenable on your drive to work, while cooking dinner, etc. Past seasons are available anytime and include topics like special education, wellness, student-centered curriculum, and conflict resolution. Listen to OEA Grow on our website, Podbean, Spotify, Apple Podcasts, Google Podcasts, and all other usual spots.



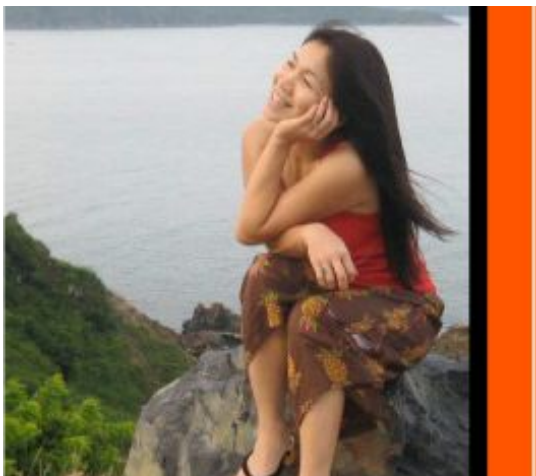
oea
GROW
an educator-led podcast

OEA'S PODCAST

The OEA Grow podcast is designed to share tools, ideas, and strategies to improve your professional and personal life. This weekly podcast interviews OEA members and community partners from across Oregon.

Featured Facilitators

OEA professional learning is member led! Fantastic educators from around the state are dedicated to your learning and growth. Here are some of our Fall 2023 facilitators:



Thuynga Barr

Clackamas ESD EA

Thuynga Barr is a Specialist with the Early Childhood Special Education Services of the Clackamas Education Service District. She holds an M.E from the University of Nevada, Las Vegas and a B.S from Arizona State University. In her free time, Thuynga enjoys camping, traveling, and hiking with her husband, children, sister, and friends. Her favorite place to go is the beach.



Christina Salter

Lane Community College EA

Christina has worked in the Oregon Community College system for much of her career. Trained as a professional counselor, her focus has been on helping students maintain their health and wellbeing while progressing toward their educational goals. To this end, Christina utilizes her knowledge of expressive arts therapy and yoga psychology to promote resilience and growth. Most recently, Christina has served as a Human Services faculty instructor and internship coordinator at Lane Community College in Eugene.

Featured Facilitators

OEA professional learning is member led! Fantastic educators from around the state are dedicated to your learning and growth. Here are some of our Fall 2023 facilitators:



Sakura Hamada

Portland Association of Teachers

Sakura Hamada is a 1.5 generation Japanese American who works as a school counselor. She has been active with OEA serving as a building rep, executive member, organizing committee member, and advocacy and affiliate services committee member. Sakura presents often on addressing racial aggression and supporting the Asian American Pacific Islander Community in the midst of anti-Asian hate. She is also a co-founder of (Re)Present AAPI Oregon Educator Collective.



Jeff Crapper

Beaverton EA

Jeff Crapper is a Biology, Health and Health Sciences CTE teacher in Beaverton, Oregon. He has been teaching for 19 years, nine of which include teaching PLTW courses. Jeff is also a Licensed Certified Athletic Trainer (ATC), Certified Strength & Conditioning Specialist (CSCS), Certified Personal Trainer (C-PT), and a National Board Certified Teacher (Early Adolescent-Science).

He developed the Biomedical Science Pathway at Beaverton Academy of Science and Engineering (BASE) and was recognized as the 2019 ACTE National Health Science Teacher of the Year and as the 2017 OSTA Oregon High School Science Teacher of the Year.